

EVENT GUIDE



Hillsborough Castle and Gardens Running Festival 5k, 10k & Half Marathon Sunday 30th July 2023



Start Times:

Half Marathon – 9am

10k – 9.30am

5k – 9.45am

Race pack collection Times:

Half Marathon – 7:30-8:30am

10k – 8:00-9:00am

5k – 8:15-9:15am

RACE PACK COLLECTION

****IF YOU'VE ENTERED PRIOR TO THE 7TH JULY YOU CAN EXPECT TO RECEIVE YOUR RACE PACK IN THE POST****

- If you've entered after this date or your pack hasn't arrived you will be assigned a number at registration.
- Please head to the 'Race Pack Collection' desks on arrival to collect your number.
- Attach your number to the front of your shirt (we recommend safety pins or magnets).
- Your timing chip will be attached to the bottom of your race bib, tear this off and slot into your shoe laces.

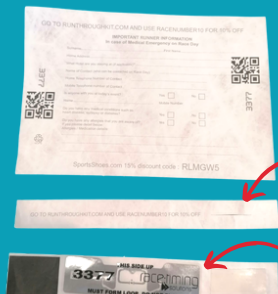
[CLICK FOR ENTRY LIST](#)

Included:

Bib number

Baggage Label

Timing Chip



Please take a couple of minutes to fill out the brief runner Information form on the back of your bib. This will help us in case of an emergency!





RACE START

There will be a warm up held in the Event Village 15 minutes prior to the start of each race.

From here runners will be called to the start line in pace order.

DURING THE RACE

We will have marshals all around the course as well as distance signs and arrows.

The Half Marathon will follow yellow mile markers numbered 1-13, the 10k will follow green km markers numbered 1-9 and the 5k will follow red km markers numbered 1-4.

The course will run through the Castle Gardens and Hillsborough Forest Park, then the 10k and half marathon will head onto closed roads before finishing back in the gardens. This course is multi-terrain.

Please also be aware that we will have a safety bike ahead of the lead runner in each distance to prevent any collision along the routes. They will be vocal when coming towards you from behind so be sure to listen out for any additional instructions.

Please discard all litter and bottles within the signed litter zone. There will be large bags and bins within this area that you will pass just after each water station.

REFRESHMENTS

There will be 1 water station on the 10k course, and 3 along the Half Marathon course, please help yourself to these as you pass them.

There will also be a bottle of water waiting for you at the finish line.

We recommend bringing your own drinks to stay hydrated in the lead up to the event, and bringing your own drinks as well.



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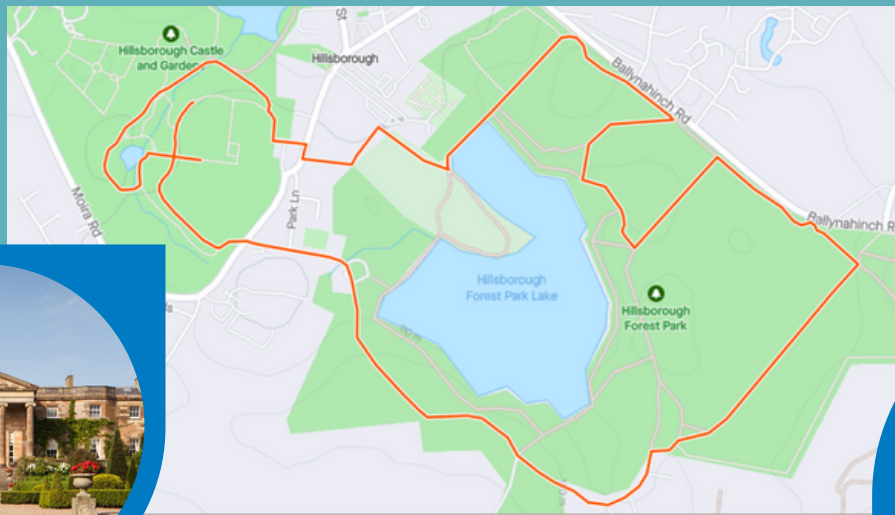
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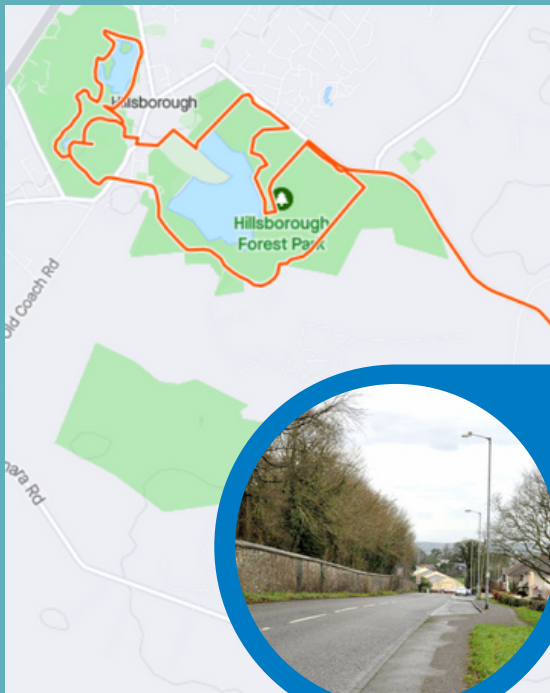
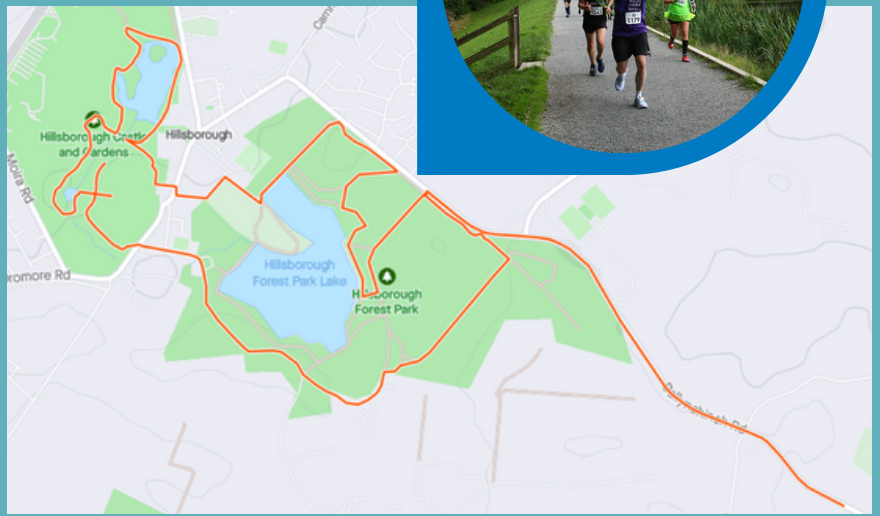
COURSE MAPS

5K



10K

HALF MARATHON



[CLICK FOR INTERACTIVE MAPS](#)

AFTER THE RACE

Please continue through the finish to collect your medal and goodies!



SPECTATORS ✓

COFFEE ✓

DOGS ✗

Spectators are more than welcome to come along and support. We do advise car sharing where possible, and spectating from within the gardens to avoid traffic around the road closed sections of the course.

Dogs are not permitted within the Castle Gardens, except guide dogs.

There will be food and drink available to purchase in the Event Village and at the Yellow Door Deli Cafe.

BAGGAGE

- Please limit the number of belongings you bring to the event.
- There will be an informal bag drop within the event village for those who need it.
- Your baggage tag is attached to your race number.
- Tear it off and attach to your bag.
- Leave your bag in our Bag drop marquee.
- Collect your bag after your race.

TOILETS

For this event we will use portable toilets and the garden toilets. Both blocks will be located behind the event village.

There are additional toilets located in the Pineapple Yard, by the car park.

If you live locally we recommend using toilets at home.



Places available now for:
Loughborough Performance Retreat : 4th - 7th August 2023
Lake District Retreat: 13th -16th October 2023

RUNNER RETREATS

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TRAVEL

**Address: Hillsborough Castle and Gardens, The Square, Hillsborough
BT26 6GT**

**Car Park: Royal Hillsborough Castle And Gardens, Lisburn,
Hillsborough BT26 6HR, located off Hillsborough road (A1).**

By Car:

The Castle and Gardens are well signposted on the main roads around Lisburn and Dromore; the entrance to the car park is located along the A1 Southbound. Keep an eye out for the Brown signs along the way, and yellow 'race parking' signs. We will have marshals here to help you park.

The car park will be open from 6:45am. Please arrive early as it will take time to park and walk to the event village. We recommend arriving at least an hour and a half before your race time to avoid any delays. Car parking is free and disabled car parking spaces are available.

Blue badges must be displayed to use the disabled parking area.

Cyclists:

Our Bag drop marshals within the Event Village will be able to look after any bikes during the event.

You can approach this from the North entrance on Main street, located at the
What3Words [///wipes.assurance.patio](https://www.what3words.com/what3words-///wipes.assurance.patio)

By Train:

The closest train stations are Moira and Lisburn, both are approximately 5miles from the venue (12minute Taxi).

Please check local rail service times [here to plan your route](#). Please note, Sunday services may not run early enough to arrive in time for the half marathon start time.

If using the What3Words App:



use the words [///shredder.jetted.irrigate](https://www.what3words.com/what3words-///shredder.jetted.irrigate) for exact event village location.

use the words [///treatable.zones.ruled](https://www.what3words.com/what3words-///treatable.zones.ruled) for exact car park location

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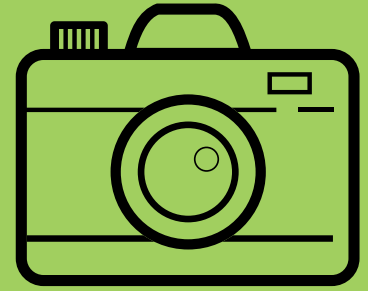
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PICTURES

We will have a photographer taking a few snaps of the race, which will be made available on our photos page after the race.



Click the camera to visit the page!



SOCIAL MEDIA

For updates leading up to the race, please check out our Twitter @runthroughuk and use the hashtag #Runthroughuk in the build-up to the race.

If you want to talk all things running before and after the event join our RunThrough Chat group on Facebook.

If you #RunThroughUK & #CastleRunningFestival on Instagram with your race day collages, the best ones will feature on our page!



Click the icons to visit our pages!



Cheer on your friends, celebrate your achievements and share your story with us! We love to hear from you!

Fill out the form with your event day shoutout requests!



RESULTS AVAILABLE AT
WWW.RESULTS.RUNTHROUGH.CO.UK

Event T-shirts!

If you have purchased an event T-shirt online, please head to the RT Kit stall on the day of your race, with your order confirmation and we will have your item ready for collection!

If you've not pre-ordered a T-shirt, but would like to purchase one, these are available below.

[PURCHASE AN EVENT T-SHIRT](#)



Alternatively, you can purchase a RunThrough T-shirt or Hoody to celebrate your race with us!

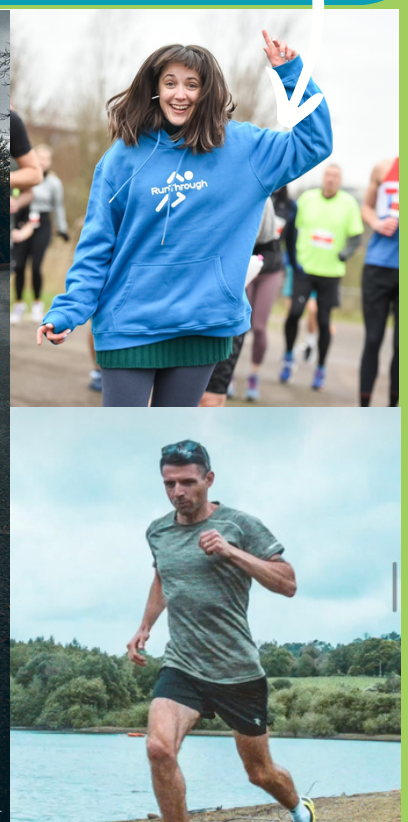
These Unisex products are comfortable, and designed with your daily workouts in mind.

These will probably be your favourite pieces of kit. Made to keep you comfortable and fresh on your run, and cool throughout the year.

Any RunThrough Tees and Hoodies purchased with your race entry or via the following links will be available to collect on the day.

[PURCHASE A T-SHIRT](#)

[PURCHASE A HOODY](#)





VOLUNTEER WITH RUNTHROUGH!

Here at RunThrough we are always looking for likeminded people to join our community.

We always value an extra pair of hands and would love for you to come along and help us!

To show our gratitude, we will be offering you 2 free entries to any of our awesome events and a £10 RunThrough Kit Voucher!

[SIGN UP HERE!](#)

[FIND OUT MORE!](#)



F.A.Q'S

Is the event chip timed?

Yes!

What is the minimum age for this event?

All RunThrough races follow the minimum ages of 11yrs for 5k, 15 for 10k & 17 for Half Marathons.

Is there a time restriction to complete the race?

Yes, due to road closures in place there is a 3hr cut off on the Half Marathon distance. Please get in contact with us at north@runthrough.co.uk if you plan to take more than 3hrs to complete your race as we may need to make special arrangements around the course and event village.

I can no longer make the event, can I get a refund?

We are sadly unable to refund or transfer your entry within 14 days of the race as your race pack and everything associated with your entry fee including your medal, and post race goodies have already been paid for by this time. We'd love for you to run virtually and we can post out your medal and goodies!

Can I transfer my entry to a friend or swap distance?

Yes, we can happily swap the names and details associated with a booking. Please email in with your order number, and the new runners' name, email, address and date of birth. Or alternatively, visit the information desk on the morning of the race to do this.

Will there be a water station on the course?

Yes, we will have bottled water stations out on the course for you to help yourself to.

Am I allowed to wear headphones?

Headphones are not permitted, unless bone conducting. Should you choose to wear these, we ask you keep the volume low in order to remain aware of your surroundings at all times and can hear any marshal instructions during the race.

When will I get the add on RTKit I ordered with my entry?

This will be available to collect at the RTKit Stall on the day. Please have your email confirmation ready to show to our staff.

How should I get to the event?

We highly recommend using public transport or car sharing where possible. There is parking on site.

Where is the best place to spectate?

We advise staying within the event village to be sure you catch the finish! You're more than welcome to walk around the grounds, however if you're following the race course route, we ask spectators to be respectful of other runners on the paths.

Will there be a prize giving?

There will be a presentation on the day for the first 3 male and female in each distance. The age group winners can expect an email reward in the week following the race.

There will also be prize money (£200- 1st | £150- 2nd | £100- 3rd) sent out, only for those who beat the following times: Half Marathon- Men's Sub 67:30 mins, Women's Sub 75 mins

10k Men's Sub 30:30 mins, Women's Sub 34 mins

Check out our podium and photo wall to get your celebratory pictures!



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