EVENT GUIDE

Wimbledon Common Half Marathon Sunday 26th February 2023

Start Time:

Race pack collection Time:

9:30am



8:00-9:00am

RACE PACK COLLECTION

- On arrival make your way down to the registration desks.
- Your number will be assigned on the day.
- Please head to the desk indicated by your surname's initial (eg. S for Smith).
- Attach your number to the front of your shirt (we recommend safety pins or magnets).
- Your timing chip will be attached to the bottom of your race bib, tear this off and slot into your shoe laces.

CLICK FOR ENTRY LIST





Please take a couple of minutes to fill out the brief runner Information form on the back of your bib.

This will help us in case of an emergency!



RACE START

We will have a warm up in the event village 15 minutes prior to the start of the race.

From here you will be called to the start line based on your estimated finish time and set off in 3 waves with just 3 minutes between each, the first wave will set off at 9.30am. This will help to relieve and prevent congestion on course.

DURING THE RACE

We will have marshals all around the course as well as directional arrows and distance signs. You will follow Black and white mile signs from 1-13.

The course is two big laps of the outskirts and inside the park. Please stay on the paths at all times, and follow marshal instructions during the race.

Please be aware that there will be members of the public using the park during the race and that we ask you to be considerate with them in mind during the race.

Please familiarise yourself with it before you start, there is a mixture of trail paths, well-trodden pathway, and grass. We recommend trail shoes, or trainers you don't mind getting muddy.

The first 1.5 miles of the loop are rather hilly, the course then flattens for around 3.5 miles and then downhill for the final 1.5 miles. The course itself has a few long stretches where there may be lots of pedestrians and by then the race will have spread out, all you need to do is run straight, if you have to turn anywhere there WILL be signage and tape or/and marshals.

We ask that if you choose to wear headphones you keep the volume low in order to remain aware of your surroundings at all times and can hear any marshal instructions during the race.

Please discard all litter and bottles within the signed litter zones. These will be just passed each of the water stations.

REFRESHMENTS

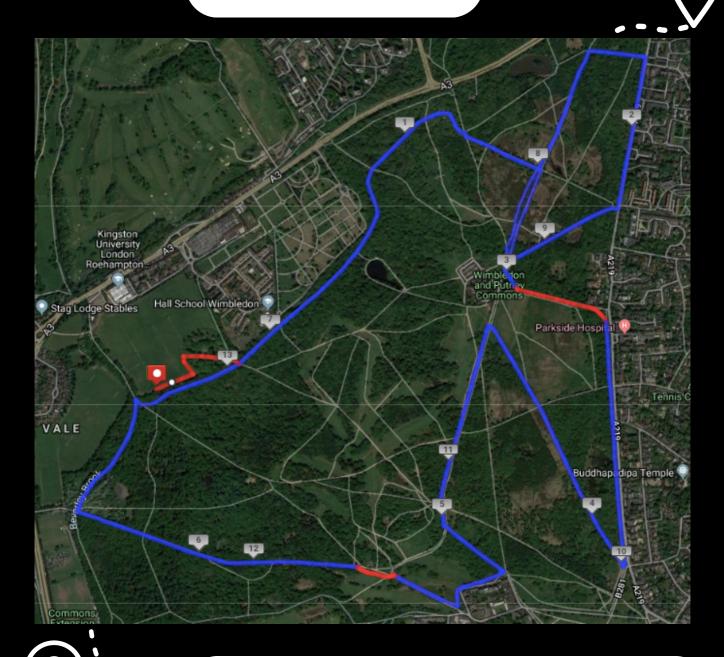
There is a water station at 3.5 miles, 7 miles, 10 miles and 12miles, please help yourself to these as you pass.

There will also be a bottle of water waiting for you at the finish line.

We recommend staying hydrated in the lead up to the event.



COURSE MAP





Please continue through the finish to collect your medal and goodies! WIMBLEDON COMMON HALFMARATHON



SPECTATORS (V) DOGS (V) COFFEE (V)

There will be a coffee van located in the event village serving snacks and hot drinks.

The Start and Finish will be easily accessible for anyone wanting to come and watch the event. You are free to wander around the park.

If you plan on spectating or running with a dog, please keep them on a lead to avoid any congestion with other runners.

BAGGAGE

- Please limit the number of belongings you bring to the event.
- There will be a bag drop marquee within the event village for those who need it.
- Your baggage tag is attached to your race number.
- Tear it off and attach to your bag.
- Leave your bag in our Bag drop area.
- Collect your bag after your race.



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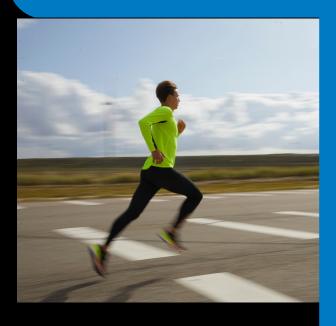
TOILETS



There will be portable toilets available within the event village.

There will be no toilet facilities available within the Clubhouse.

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To celebrate our partnership, please use the code **RTR2308** at Sportsshoes.com to get 15% off your new running gear for 2023.

**Code valid until 26.02.2023

FIND YOUR NEW SHOES NOW

TRAVEL

Address:

Richardson Evans Memorial Playing Fields, Roehampton Vale, London, SW15 3PQ

Getting there from the Tube/Train station will need careful planning. Be sure to give yourself plenty of time!!

You can get an 85 or a 265 bus to the start of the race, you will need to get off at the Roehampton Vale Campus (Kingston University Roehampton Campus).

There is no on site parking, if planning on driving, we recommend using Parkopedia.com to find a suitable spot.

The race will be starting/finishing on Richard Evans Memorial Playing Fields.

The park is easily accessible by both foot and cycle.

Use TFL to help plan your journey







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Marathon Plan









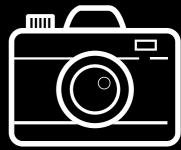
Click here to download Runna and start your 2 week FREE trial



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PICTURES

We will have a photographer taking a few snaps of the race, which will be made available on our photos page after the race.



Click the camera to visit the page!





SOCIAL MEDIA

For updates leading up to the race, please check out our Twitter @runthroughuk and use the hashtag #Runthroughuk in the build-up to the race.



If you want to talk all things running before and after the event join our RunThrough Chat group on Facebook.

If you #RunThroughUK and #RunThroughTrails on Instagram with your race day collages, the best ones will feature on our page!



Click the icons to visit our pages!





RESULTS AVAILABLE AT WWW.RESULTS.RUNTHROUGH.CO.UK

Event T-shirts!

If you have purchased an event T-shirt with your race entry, please head to the RT Kit stall on the day of your race, with your order confirmation and we will have your item ready for collection!

If you've not pre-ordered a T-shirt, but would like to purchase one, these are available below.

PURCHASE AN EVENT T-SHIRT



Alternatively, purchase a RunThrough T-shirt or Hoody to celebrate your race with us!

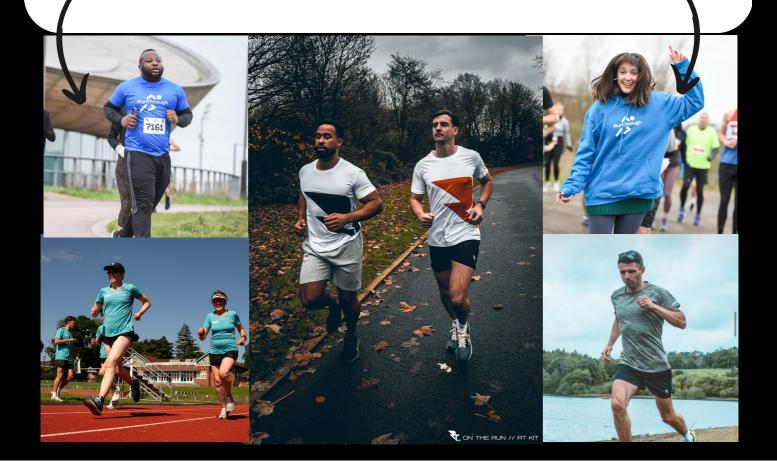
These Unisex products are comfortable, and designed with your daily workouts in mind.

These will probably be your favourite pieces of kit. Made to keep you comfortable and fresh on your run, and warm in the winter months.

Any RunThrough Tees and Hoodies purchased with your race entry or via the following links will be available to collect on the day.

PURCHASE A T-SHIRT

PURCHASE A HOODY



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