



TOP FLIGHT RACES

FULHAM 10K



**Series Prize
Pot
£60,000**

UPCOMING RACES:

**DECEMBER - RIBBLE VALLEY 10K
2027 DATES COMING SOON!**

What is the Top Flight Race Series?

Top Flight by RunThrough is a yearly race series across the UK, designed to support elite-level athletics by offering high-quality competition opportunities and rewarding top performances. Each race features an elite prize structure, with additional rewards for the overall series standings.

Scoring System

Points are awarded as follows:

- 1st – 25 points**
- 2nd – 18 points**
- 3rd – 15 points**
- 4th – 12 points**
- 5th – 10 points**
- 6th – 8 points**
- 7th – 6 points**
- 8th – 4 points**
- 9th – 2 points**
- 10th – 1 point**

Each athlete's best three scores count towards their final series total.

Tie-Break Criteria

In the event of a tie on points:

1. Head-to-head result at the series finale (Ribble Valley 10k) determines placing.
2. If still tied, individual head-to-head record and best time over the same distance are considered.
3. If records remain identical, prize money for that position is split.

Series Eligibility

To qualify for the overall series prize money, athletes must :

1. Compete in and finish at least three races.
2. Score in at least one race.
3. Achieve a Top Flight entry standard in each scoring race.

Series Standings

Men's

#	RUNNER	CLUB	TOTAL	RACES
1	Omar Ahmed	Birchfield Harriers	75	4
2	Kadar Omar	Birchfield Harriers	68	3
3	Richard Allen	Leeds City Athletic Club	61	3
4	Joseph Niven	Liverpool Harriers & Ac	51	3
5	Chris Coulson	Morpeth Harriers	43	2
6	Jack Millar	Bristol And West Ac	36	2
7	Jonathan Escalante-phillips	Cambridge & Coleridge Ac	33	2
8	Lee Gratton	Rugeley Runners	30	2
9	Dominic Jones	—	27	2
=10	Kevin Campbell	Cambuslang Harriers	25	1
=10	John Gilbert	Kent Ac	25	1
=10	Jack Rowe	Aldershot Farnham & District	25	1

Series Prize Money

1st - £1,000
2nd - £700
3rd - £600
4th - £500
5th - £400
6th - £300
7th - £250
8th - £200
9th - £150
10th - £100

Women's

#	RUNNER	CLUB	TOTAL	RACES
1	Megan Stenhouse	Rugby & Northampton Ac	52	3
=2	Kirsty Longley	Liverpool Pembroke Sefton	33	2
=2	Rachel Brown	Border Harriers & Ac	33	2
4	Rebecca Weston	—	30	2
5	Kate Maltby	Border Harriers & Ac	28	2
=6	Lisa Bailey	The Stragglers	27	3
=6	Hannah Moreira Dos Santos	Vegan Runners UK	27	2
=8	Louise Wiker	—	25	1
=8	Hannah Viner	Highgate Harriers	25	1
=8	Emily Haggard Kearney	Warriors Pentathlon And Athletic Club	25	1
=8	Andrea Clement	—	25	1
=8	Gabriela Debues-stafford	—	25	1

[CLICK TO SEE FULL RANKINGS](#)



Fulham 10k Prize Structure

Time-based CASH prizes for Men's and Women's races
(Gun Time Only)

Total Prize Fund = £4450

Top Individual Prize = £1350

RACE WIN:

£200

Top Flight Bonus:

Performances:

Sub 30:00 (Men) 34:00 (Women)

*Including £200 FTW

1st - £450 *

2nd - £200

3rd - £175

4th - £150

5th - £125

6th - £100

7th - £75

8th - £50

COURSE RECORD: £200

*Gun-Time performance

28m58 – Omar Ahmed (2024)

31m53 – Transfora Ngimbudzi (2024)

RUNTHROUGH RECORD*: £500

28m14 Emile Cairess (Battersea Aug 2021)

31m19 Jess Judd (Ribble Valley Dec 2021)

UK LEADING TIME*: £200

*At time of event

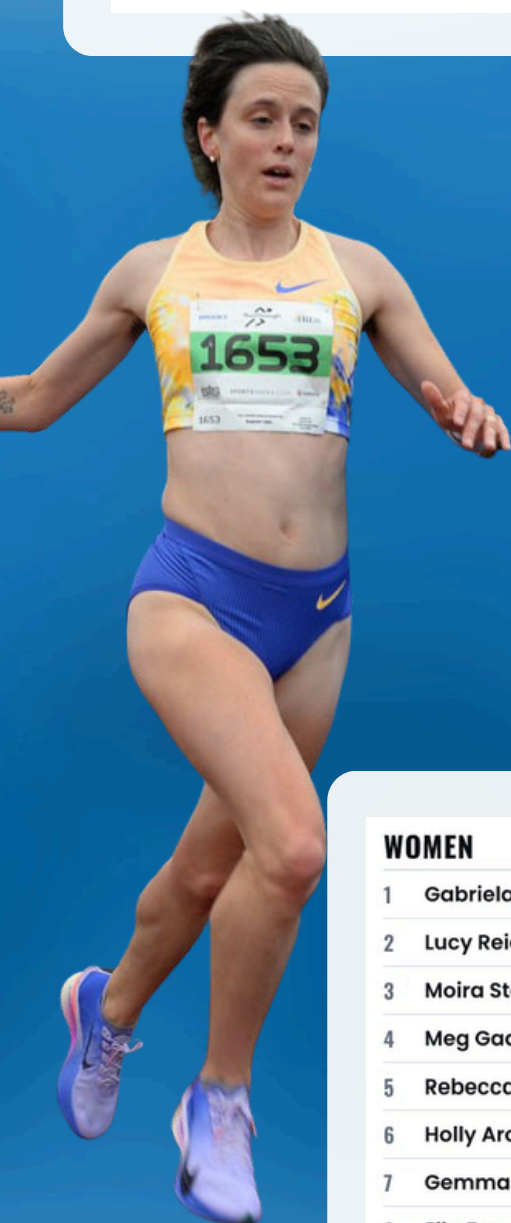
27.38 Joe Wigfield (Wirral AC) - Jan 2026

30.08 Eilish McColgan (Dundee Hawkhill Harriers)- Jan 2026

LEADING ENTRIES

MEN

		PB
1	Ian Crowe-Wright Brighton & Hove AC	28:59
2	Dylan Evans Shaftesbury Barnet Harriers	29:03
3	Jonathan Escalante-Phillips Cambridge & Coleridge AC	29:07
4	Jonathan Cornish Hercules Wimbledon AC	29:08
5	Seyfu Jamaal London Heathside	29:12
6	Matthew Merrick Belgrave Harriers	29:18
7	Jonathan Collier Kent AC	29:23
8	Harry Smith Southampton AC	29:40
9	Paul Whittaker Leigh on Sea Striders	29:40
10	Charlie Davis Birmingham Running A&TC	29:41



[Click to watch our pre race show & the Livestream!](#)

[Here, you can find out more about the series and all the athletes in the race, along with watch the race live on race day!](#)



WOMEN

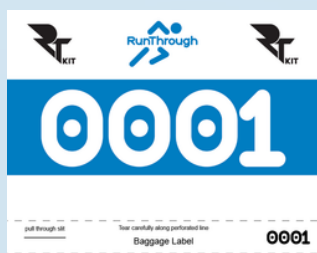
		PB
1	Gabriela Debues-Stafford	31:37
2	Lucy Reid Tonbridge AC	32:17
3	Moira Stewartová Spartak Praha 4	32:29
4	Meg Gadsby City of Norwich AC	32:55
5	Rebecca Weston Invicta East Kent AC	33:12
6	Holly Archer Cambridge & Coleridge AC	33:28
7	Gemma Kersey Basildon AC	33:29
8	Ella Fennelly Belgrave Harriers	33:39
9	Dominique Corradi Leeds City AC	33:48
10	Lea Adamson Unsanctioned Athletics	34:11

RACE DETAILS

RACE PACK
7:30-8:30am

RACE START
9:00am

- All top flight runners will have 2 bibs in the post- 1 for your front & 1 for your back.
- If you've entered in the last few weeks, or not received your pack in the post, please visit the registration desks on arrival.
- As an elite, your bib number has been pre-assigned. Please state your name on arrival so our team can ensure you get the right pack.
- Attach your numbers to the front & back of your shirt (we recommend safety pins or magnets).
- Your timing chip will be attached to the back of the bib, please don't tamper with this.



BIB NUMBER

IMPORTANT RUNNER INFORMATION
In case of Medical Emergency on Race Day

Runner Name: _____ First Name: _____

What club are you running at (if applicable)? _____

Name of Contact (who can be contacted on Race Day): _____

Name, Telephone Number of Contact: _____

Mobile Telephone Number of Contact: _____

Is anyone with you at today's event? Yes ☐ No ☐

Age: _____

Do you have any medical conditions which may affect your running? Yes ☐ No ☐

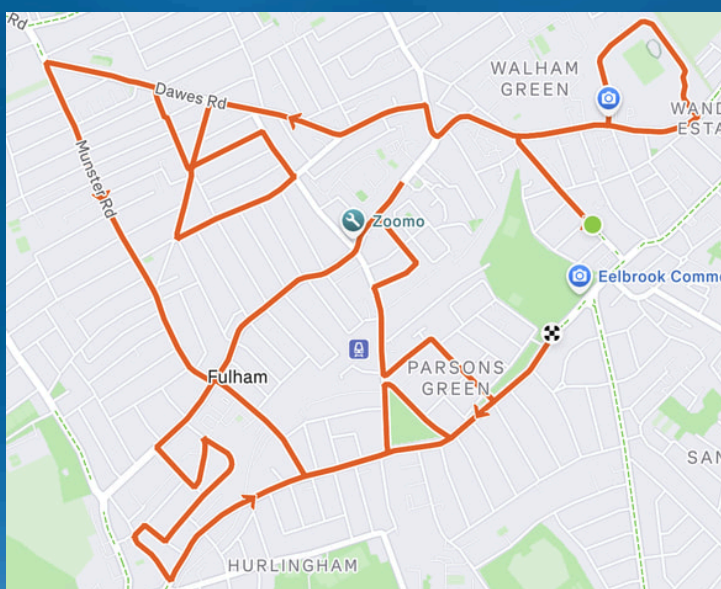
Do you have any allergies that you are aware of? Yes ☐ No ☐

Please print your name clearly: _____

**EMERGENCY
DETAILS FORM**

CLICK FOR
TOPFLIGHT
ENTRIES

Course Map



CLICK FOR INTERACTIVE MAP



EVENT VILLAGE

FACILITIES

TOILETS



REFRESHMENTS



PARKING



**SPECTATORS
WELCOME**



TOILETS

For this event we will use portable toilets located in the event village.

There will also be toilets available on the course at the 7km mark.

BAG DROP

- Please limit the number of belongings you bring to the event.
- Informal bag drop is within the Top Flight marquee for those who need it.
- Your baggage tag is attached to your race number.
- Tear off the strip and attach it to your bag.
- Leave your bag in our Top Flight marquee.
- Collect your bag after your race.

RACE START

To avoid congestion at the start, please make your way to the start line early to secure a spot in the front pen.

Alternatively, wait in the Event village until the first wave is called to the start, and walk over with the marshals when directed. Please don't try and cut through, move or jump barriers to secure a position in the line up.

PRIZE GIVING

There will be a presentation and champagne spray for the top 3 male and female athletes after the race.

All prize money and bonuses will be paid in the following week once results have been verified.

The top 3 male and female participants and 1st in each age group can expect an email reward in the week following the race. Check out our podium and photo wall to get your celebratory pictures!

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BROOKS



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Email: partners@runthrough.co.uk